



Message Outline

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May 26, 2019

Matthew 6:25-34

MATTHEW 6:32

Releasing Worry

Series: The Verse before the Verse

"Don't worry, be happy," is a lyric made famous by Bobby McFerrin. And it's a nice sentiment. But, while we all would love to live by that slogan, is it really realistic?

A typical approach to getting rid of worry

(The famous verse by itself)

Matthew 6:33

- Treat your faith like it's a formula
- Discount your real needs

A better approach to getting rid of worry

(Looking at the verses before it)

- Elevate your focus
- Remember your value
- Recognize your needs are legitimate
- Let your concerns be God's worry
- Be liberated to pursue God's Kingdom

Matthew 6:25

Matthew 6:26-30

Matthew 6:31-32a

Matthew 6:32b

Matthew 6:33



HomeGroup Questions

Spring Session 2019

MATTHEW 6:32 – Releasing Worry

Matthew 6:25-34

1. Use the following code to mark each of the items listed below:

P = my parent's biggest concern
K = my kid's biggest concern
-5 = my biggest concern 5 years ago
+5 = my biggest concern 5 years from now
*= my biggest concern right now
X = something I can do nothing about
† = something I can give to God and forget about
ME = something God wants me to help solve

_____ Children doing OK
_____ Transition in life
_____ Parent doing OK
_____ Retirement: feeling useless
_____ Job
_____ Future: unknown
_____ Health
_____ Safety: threatening situation
_____ Finances
_____ Relationship conflict

2. Read Matthew 6:25-34 and review the points of the message. What do you think was behind Jesus saying, "Do not worry"?

- Everything will be OK
- Don't sweat the small stuff
- God will always bail you out
- Get a grip
- Other?

3. Why is it important not to take Matthew 6:33 as a formula? Explain.

4. Doug said that Jesus gave importance to our needs in vs. 32 (*the verse-before-the-verse*). How so? What is the danger in minimizing our needs?

5. How can we be responsible with our needs and still seek first God's Kingdom? What is the balance here?

6. What does God's care for creation (birds, flowers, etc.), teach you?

7. Look at the final point of the message. How can seeking the Kingdom be a liberation from worry?

What can your group pray about this week? Take time to share prayer requests and pray together.