



Message Outline

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1 Peter 5:1-7

1 Peter 5:6

Tossing Anxiety as an Act of Humility

Series: *The Verse before the Verse*

What to do with anxiety (*the quick fix*)

1 Peter 5:7

Cast your anxiety _____

... on God _____

... because He cares for you _____

What's behind anxiety (*the context of the verse*)

Insecurity _____

1 Peter 4:10

Troubles _____

1 Peter 4:12

Pride _____

1 Peter 5:1-5

A deeper solution to anxiety (*the verse before the verse*)

1 Peter 5:6-7

Cast your anxiety _____ *by* humbling yourself _____

... on God _____ *who is* all-powerful _____

... because He cares for you _____ *and will* lift you up in due time _____