



Message Outline

Doug Kyle
October 13, 2019
Psalm 40:1-8

NO

Series: 8 Words that Liberate

"All you need to say is simply 'Yes' or 'No'..." — Jesus in Matthew 5:37

Why it is so hard to say, "NO":

- Pride

Psalm 40:4

- Cultural idols

Psalm 40:4-5

Image

Performance

Potential

Pleasing others

- Guilt

Psalm 40:6

How to say, "NO," when you should:

- Have a Passionate Yes

Psalm 40:7-8



HomeGroup Questions

Fall Session 2019

8 Words that Liberate

Psalm 40:1-8

1. When it comes to eating out, what is one food you won't share?

2. How hard is it for you to say, "NO"? Rate yourself below?

Super hard 1 2345 Super easy

3. Read Psalm 40:1-8 out loud in your group. And review the points of the message. What stood out for you?

4. Look at vs. 1-3. In your rescue story, what is your pit? What is your rock?

5. Which of the 3 reasons it is hard to say, "No," is your stumbling block? Why? And which of the 4 cultural idols are you most vulnerable to? Again why?

6. Describe a time when it was right, but hard, for you to say, "No." What happened?

7. What is the passionate YES in your life that guides you in decision-making? What could you do to gain more clarity?

8. What would you say to the person who says that God always wants them to help when asked?

Take time to share prayer requests and pray together.