



## **Message Outline**

Doug Kyle  
January 31, 2021  
Matthew 6: 7-15

# **Taking the Pressure Off Prayer**

Series: **Best. Sermon. Ever.**

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## **📌 FOUR LIBERATING PRINCIPLES ABOUT PRAYER**

- **It's about giving God control, not you**

*Matthew 6:7*

- **Your Father knows what you need**

*Matthew 6:8-9*

“In the last analysis we know very little about our real needs, about what we lack and what we need. So we often pray for foolish things, when what we need is something totally different.” – Helmut Thielicke

- **You should focus on alignment not just assignment**

*Matthew 6: 9-15*

- **God cares about relationship more than results**

*Matthew 6: 9-13*

“Annual bread is never enough. But daily bread for a lifetime, what a promise!” – Doug Kyle



## **HomeGroup Questions**

Winter Session 2021

Taking the Pressure Off Prayer | Best. Sermon. Ever

Matthew 6:7-15 | January 31, 2021

1. What is your earliest recollection of the Lord's Prayer? Was it positive, negative, intriguing, intimidating, other?
2. As we dive into the Lord's Prayer, read Matt 6:7-13. Review the outline of the message. What principles were helpful and why?
3. How does recognizing God as your Father transform the way you think about prayer?
4. In the message it was noted that even though God knows what we need already (vs. 8), He still instructs us to pray (vs. 9). What is the benefit of praying if God knows what we need already?
5. What ways can we pray that might demonstrate we are giving God control rather than trying to take control ourselves?
6. What bad habits have you picked up in prayer?
7. Why is it more important to focus on alignment with God rather than assignment from God when we pray?
8. Why not take a phrase from the Lord's Prayer and make it a theme for your week? If you're up for that, which one would you choose?
9. Trusting that the Father knows your deepest needs, take some time to share prayer requests and pray together.