



Message Outline

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May 2, 2021

2 Corinthians 2:1-11

Getting Over Hurt

Series: **Get Over It**

One of the hardest things you will face in life is being harmed by another. And it is especially excruciating when that person who hurt you is also a believer.

How do I get beyond being hurt?

Acknowledge the pain

2 Cor 2:1-5

Recognize it as wrong

2 Cor 2:6

Step into the journey of forgiveness

2 Cor 2:7-8

Why forgive at all?

Because God says so

2 Cor 2:9

Because it is best for you

2 Cor 2:10

Because it stops the destructive cycle

2 Cor 2:11

Some quotable quotes from the message:

“The wronged party must blame the individual who caused the injury. You only forgive people you hold responsible. If you can't blame someone, you can't forgive them.”

— Lewis B. Smedes, *The Art of Forgiving*

“The forgiver must change their attitude toward the person, instead of hating him, you begin to love him and wish him well.”

— Lewis B. Smedes, *The Art of Forgiving*

“To forgive is to set a prisoner free, and discover that the prisoner is you.”

— Lewis B. Smedes, *Forgive & Forget*



HomeGroup Questions

Spring Session 2021

Getting Over Hurt | Get Over It

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1. Country music — fan or not? Go!
2. This week's message addresses getting over hurt — especially being hurt by another believer. Read 2 Corinthians 2:1-11 and review the outline. What did you learn? What would you like to discuss more?
3. Paul refers to a painful letter he wrote to the Corinthians (a personal letter that we don't have). From 2 Cor, 2:3-9 and 7:8-13, what do you deduce that the letter was about?
4. Apparently the believers in Corinth took Paul's advice to heart and confronted the destructive conflict in the church. Now he encourages them to move on to forgiveness (vs. 2:7). Have you found forgiveness to be more of a journey or an instant event? Explain.
5. According to verse 8, what is the measurement of true forgiveness? Is that really realistic? How would it look?
6. Many people overlook that forgiveness is good for the forgiver as well. List some benefits to the one who forgives.
7. How might Satan use the hurdle of hurt as a scheme (vs. 11)?
8. Is there anyone you need to forgive right now (no names)? What part of the forgiveness journey are you on? What might be the next step?
9. Take some time to pray for one another. And don't forget to report any answers to prayer so far.