



Message Outline

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August 29, 2021

Jeremiah 17:7-8; Matthew 13:6-7; 22

HEALTHY

Series: Flourish

*In order to flourish spiritually it takes a commitment to four essentials. In the first two messages of this 4-part course, we discovered that, like a thriving tree, we must be **rooted** and **refreshed**. Today we identify the third essential commitment – **being healthy**.*

Without Spiritual health _____ you will be ineffective

Jer 17:8; Psa 1:3

So how does God produce in you a health that flourishes?

Matt 13:6-7; 22

- **He deals with your core fears** _____
- **He confronts your false securities** _____