



Message Outline

Robb Schreiber

February 6, 2022

Luke 11:37-52, Matthew 11:28-30

What's IN Your Cup

Series: What Would Jesus UNdo?

*Jesus wants to UNDO our tendency to focus on looking good on the OUTSIDE.
Instead He offers us the secret to being good on the INSIDE.*

🚩 THE WOES OF EMPHASIZING THE OUTER LIFE

- We burden ourselves Luke 11:37-44
- We burden others Luke 11:45-52

🚩 THE WAY OF JESUS FOCUSES ON THE INNER LIFE

- It is restful not exhausting Matt 11:28
- It is easy not burdensome Matt 11:29-30
- It is light not heavy Matt 11:29-30
- It is His strength not mine Matt 11:29
- It is a delight not a duty Matt 11:30



HomeGroup Questions

Winter Session 2022

What's IN Your Cup | *What would Jesus UNdo?*

Luke 11:37-52, Matthew 11:28-30 | February 6, 2022

1. When and how have you found yourself focusing on the outer life vs the inner life?
2. What is the allure of focusing on the outer life?
3. How have you burdened yourself or others while putting too much emphasis on the outer life and neglecting the inner life?
4. How have you experienced Pride or Shame/guilt in your attempt to follow lists of rules and regulations?
5. What is Jesus asking you to undo in your life?
6. What ways of Jesus are the most inviting to you? Why?
7. What ways of Jesus have you been able to embrace?
8. What ways of Jesus are the most challenging to you?
9. What is Jesus asking you to do in your life?