



Message Outline

Doug Kyle

February 18, 2024

Mark 8:31-35

“This is My Cross to Bear”

SERIES: *And other Stuff Jesus Never Said*

❏ THE WAY THE EXPRESSION IS COMMONLY USED

- **My Cross** = My unique suffering
- **To Bear** = Accept that things aren't going to change
→ THE IMPLIED MESSAGE: God wants to keep me from enjoying life to its fullest

❏ WHAT JESUS ACTUALLY TAUGHT

- **My Cross** = My key to finding real life Mark 8:31-35
- **Follow Me** = Expect a change in me for the better Mark 8:34-35
→ THE IMPLIED MESSAGE: God wants to enable me to enjoy life to its fullest

❏ SO WHAT ABOUT MY SUFFERING?

- **Jesus' Cross** = Forgive and restore me
- **My Cross** = Follow Him



HomeGroup Questions

Winter Session 2024

This is My Cross to Bear | *Stuff Jesus Never Said*

Mark 8:31-35 | Feb 18, 2024

1. What is an example of a truism you have heard much of your life (Don't cry over spilled milk, etc)? Is the expression accurate?
2. We hear it said all the time, "This is just my cross to bear." After hearing the message, what wrong-thinking could this phrase lead to?
3. Read Mark 8:31-35 and review the outline. What are the takeaways for you and why?
4. Why do you think Jesus was so harsh with Peter (Mark 8:33)?
5. Jesus rebukes His disciples for not having "*in mind the concerns of God, but merely human concerns.*" (vs. 33). How could that be said of many of the expressions we have covered in this series as well?
6. How has this passage and this message enhanced the way you think about what it means to take up our cross (vs. 34)?
7. According to Doug, when we understand self-denial in light of Mark 8:35 it is actually quite liberating. Why?
8. At the end of the message, Doug differentiated between Jesus' cross and ours. Jesus' cross was to forgive and restore us. Our cross is to follow Jesus. It is the heart of the gospel. Why is it so important we get this?
9. How can your group pray for you?