

## **Resetting Your Hope**

SERIES: RESET: Drawing Near in the New Year

## What Makes Biblical Hope Different?

- It is more than wishing
- It is more than optimism
- It is more than positive thinking
- → BIBLICAL HOPE is a confidence about the future grounded in God's <u>character</u> and <u>promises</u>

Hebrews 10:23

## How does Biblical Hope Make Us Different?

Hebrews 10:23

- We hold on because God holds us
- We profess it because God promised it

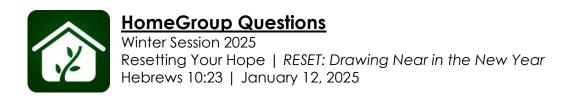
## 7 Promises to Reset your Hope This Week

Today: God's Presence Matthew 28:20 Monday: God's Love Romans 8:38-39 Tuesday: God's Strength Isaiah 41:10

Wednesday: Help When Tempted 1 Cor. 10:13

Thursday: God's Guidance Psalm 48:14 Friday: God's Work in You Philippians 1:6

Saturday: Eternal Life 1 John 2:25



- 1. If you were on a sailboat in rough waters, what's the one thing you'd want to make sure was working properly? The sail, the anchor, or the compass? Why?
- 2. What do you think most people mean when they say they "hope" for something? How is biblical hope different from that?
- 3. Review Hebrews 10:23 and the outline. What stood out to you and why?
- 4. Hebrews 10:23 calls us to "hold unswervingly to the hope we profess." What does it look like in practical terms to hold on to hope in the midst of life's challenges?
- 5. How does understanding that God holds us give us the strength to hold on to hope?
- 6. Why do you think professing or sharing our hope is important? How does this affect both us and those around us?
- 7. Doug mentioned that being grounded in God's Hope makes us more resilient in our prayers. Even if our prayers are not answered as we would like, our hope remains alive. How would you explain this in your own words to a new believer?
- 8. Have you been able to follow along with the 7 Promises to Reset Your Hope This Week? Which promise stands out to you the most right now? Why?
- 9. Share any prayer request and take time to pray and cling to God's hope together.